

# THE HYMNS OF ASCENT

By Saint Theodore the Studite

Mode  $\tilde{\eta} \dot{\iota}$  —  $\leq$   $K\varepsilon$

## 1ST ANTIPHON

**I**<sup>K</sup> n my dis- tress, \_\_ like Da - vid,<sup>v' 22</sup> I sing to you, my Sav - ior:<sup>u q</sup>

<sup>M</sup> De - liv- er my soul from a treach - er - ous tongue.<sup>K</sup><sup>u q</sup>

**F**<sup>K</sup> or dwell-ers in the de- sert life is bless - ed,<sup>v' 22</sup> for their wings<sup>Δ</sup>

<sup>K</sup> \_\_ are the love of \_\_ God.<sup>v'</sup><sup>u q</sup>

Glory... Both now...

**B**<sup>Δ</sup> y the Ho- ly Spir - it all things are held fast,<sup>K</sup><sup>v' 22</sup> the vis - i -

<sup>v'</sup> - ble with the in - vis - i - ble;<sup>22</sup> for his might is his own<sup>u q</sup> as tru - ly

<sup>M</sup> one \_\_ of the Trin - i - ty.<sup>K</sup><sup>u q</sup>

2ND ANTIPHON

**L**<sup>K</sup> et us be lift-ed, O soul, to the moun - tains; <sup>v'</sup><sub>22</sub> come thith -

<sup>v'</sup><sub>22</sub> -er where help comes from. u  
q

**L**<sup>K</sup> et your right\_\_ hand take wing, O Lord, <sup>v'</sup><sub>22</sub> and guard\_\_ me from

<sup>K</sup> eve - ry mis-chief. u  
q

Glory... Both now...

**T**<sup>Δ</sup> o the Ho- ly Spir - it <sup>K</sup> <sup>v'</sup><sub>22</sub> let us say, as we con - fess him

<sup>u</sup><sub>q</sub> to\_ be God: You are God, life, love, light, <sup>v'</sup><sub>22</sub> mind; you are good-ness, u  
q

<sup>M</sup> you are king for- ev - - - er. u  
q

## 3RD ANTIPHON

**F** or those who said to me: 'Let us go to the courts of the Lord',



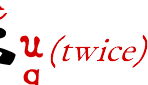
full of great joy, I offer prayers.

**D**read things shall be brought to fulfilment upon the  
house of David: for fire shall be there burning every shameful  
thought.






Glory... Both now...

**T**o the Holy Spirit belongs the dignity of being  
the source of life, for from him every living thing is  
in-  
-mat - ed, as by the Father and the Word.

PROKEIMENON

**A** <sup>K</sup>  <sup>v'</sup> <sub>22</sub> <sup>Δ</sup>  <sup>K</sup>  <sub>9</sub> (twice)  
- rise, O Lord my God, for You reign un -to the ag-es.

*Verse:* I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things.

**A** <sup>K</sup>  <sup>π'</sup> <sub>22</sub> <sup>Δ</sup>  <sup>K</sup>  <sup>Δ</sup>   
- rise, O Lord my God, for You reign un- to the ag - es. \_\_\_\_\_  
 <sub>9</sub>

# KATHISMA

Sunday of the Blind Man

After the 2nd Reading from the Psalter

Mode  $\lambda \dot{\eta}$  —  $\leq K \epsilon$

**Y**<sup>K</sup> our strange\_\_ mys- ter-y, O my Sav - ior, <sup>v'</sup><sub>22</sub> has be- come \_\_ the sal-  
-va - tion of the world; <sup>u</sup><sub>q</sub> for as be - fit - ted God you rose from the  
tomb <sup>v'</sup><sub>22</sub> and as God rais'd with you those who had per-ish'd: <sup>u</sup><sub>q</sub> O life  
of all, Lord, glo- ry to you. <sup>u</sup><sub>q</sub>